

What is claimed is:

1. A lubricant sheet suitable for use in a process of  
drilling a laminate or a plastic board, comprising a metal foil  
5 or an organic film, and a lubricant resin composition layer  
or a primer layer and the lubricant resin composition layer,  
the lubricant resin composition layer or the primer layer and  
the lubricant resin composition layer being formed on at least  
one surface of the metal foil or the organic film,

10 wherein at least one layer of the primer layer and  
the lubricant resin composition layer contains a colorant.

2. The lubricant sheet according to claim 1,  
wherein the colorant is a water-soluble colorant.

15 3. The lubricant sheet according to claim 1,  
wherein the colorant is a nonhalogen colorant.

20 4. The lubricant sheet according to claim 1,  
wherein the lubricant resin composition contains a  
water-soluble resin as a main component.

25 5. The lubricant sheet according to claim 1,  
wherein the organic film has roughness of 0.5 to 15  
μm on a surface thereof and a distance between convex portions  
of the roughness is 1 to 50 μm.

30 6. The lubricant sheet according to claim 1,  
wherein the organic film contains a colorant.

7. A method of drilling a laminate or a plastic board,  
which method comprises

disposing the lubricant sheet recited in claim 1 on the laminate or the plastic board, and

drilling a hole from the lubricant resin composition layer side.

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8. A lubricant sheet suitable for use in a process of drilling a laminate or a plastic board which sheet is formed of a lubricant resin composition,

wherein an air bubble contained in the lubricant sheet

10 has a diameter of 30  $\mu\text{m}$  or less.

9. The lubricant sheet according to claim 8,

wherein the lubricant resin composition layer or a primer layer and the lubricant resin composition layer is/are 15 formed on at least one surface of a metal foil or an organic film.

10. The lubricant sheet according to claim 8,

wherein the diameter of the air bubble contained in

20 the lubricant resin composition layer is 1/10 or less of the diameter of a drill bit used for drilling.

11. The lubricant sheet according to claim 8,

wherein the diameter of a drill bit used for drilling 25 is 300  $\mu\text{m}$  or less.

12. The lubricant sheet according to claim 8,

wherein the lubricant resin composition is a resin composition containing a water-soluble resin as a main component.

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